

Calculating Pitcher Fatigue Ratings

For those pitchers who started.

If you want to calculate your own fatigue ratings, APBA uses Baseball Reference.com as the source for pitching statistics.

The formula is simple Batters Faced (BF)/ Games Started (GS).

For those pitchers who both started and relieved.

Again the source is Baseball Reference. Click on the pitchers name. Under his standard pitching statistics, select splits and then the season you are calculating the fatigue ratings. On the split screen, scroll down to Pitching Role, there you will get the number of starts and Plate Appearances (PA) which is the same as Batters Faced. With these two numbers you can calculate the fatigue rating.

If a pitcher's fatigue rating is ten or less, use 10.